

# Physical Medicine & Rehabilitation Privileges Form

## Privileges Request Form

Basic Education/Certificates: M.D. or D.O (or equivalent degree)

Minimum Formal Training Physical Medicine and Rehabilitation (PM&R): Completion of an ACGME/AOA accredited residency in PM&R or current certification or active participation in the examination process (with the achievement of certification in accordance with UCSF Medical Staff Bylaws) leading to certification in PM&R by the American Board of Medical Rehabilitation (ABPMR) or the American Osteopathic Board of Physical Medicine and Rehabilitation (AOBPMR), of foreign training and board equivalency

Renewal Criteria: Practitioners who do not meet the activity levels for maintenance/renewal criteria (such as Courtesy appointee) for particular privileges may submit – from their primary practice location—either;

- A.) A peer reference from the service Chief or Chair attesting to clinical competence in the requested privileges, or
- B.) Case-logs of clinical activity from their primary practice location.

### CATEGORY 1

#### Physical Medicine and Rehabilitation - Category 1 Privileges

Requested	Privilege Description	Initial Criteria	Renewal Criteria	Proctoring
	<p><b>A - CORE PRIVILEGES FOR PM&amp;R</b>            These include the ability to admit, evaluate, diagnose, provide consultation to, and manage patients of all ages with physical and/or cognitive impairments and disability. Privileges also include the ability to diagnose and treat patients with painful or functionally limiting conditions, the management of comorbidities and coimpairments, the performance of diagnostic and therapeutic njection procedures, electrodiagnostic medicine, and the prevention of complications of disability from secondary conditions. Physicians may also provide care to patients in the intensive care setting in conformance with unit policies and may assess, stabilize, and determine the disposition of patients with emergent conditions consistent with medical staff policy regarding emergency and consultative call services.</p> <p>The core privileges in this specialty include the procedures on the following procedures list and such other procedures that are extensions of the same techniques and skills:</p> <ul style="list-style-type: none"> <li>• Performance of history and physical exam</li> <li>• Anesthetic and/or motor blocks (e.g., peripheral nerve, myoneural junction, sympathetic chain/ganglia, caudal, facet nerve/joint, epidural [interlaminar and transforaminal], sacroiliac joint)</li> <li>• Arthrocentesis (both aspiration and injection [joints and bursae])</li> <li>• Chemolysis (paralytic and nonparalytic; intramuscular, peripheral nerve, and cauda equina)</li> <li>• Impairment and disability evaluations</li> <li>• Ergonomic evaluations</li> <li>• Fitness-for-duty evaluations</li> <li>• Independent medical evaluations</li> <li>• Interventional pain treatment, including intrathecal medication administration and electrical stimulation</li> <li>• Manipulation/mobilization (peripheral, spinal [direct/indirect], and cranial)</li> <li>• Routine nonprocedural medical care</li> <li>• Serial casting</li> </ul>	See formal training	Board-eligible or Board Certified in Physical Medicine and Rehabilitation  AND  Performance of at least 20 cases in the last two years.	(5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring

	<ul style="list-style-type: none"> <li>• Soft tissue injections, including ligament, tendon, sheath, muscle, fascial,</li> <li>• prolotherapy</li> <li>• Work determination status</li> </ul> <p>Performance and interpretation of:</p> <ul style="list-style-type: none"> <li>- Electrodiagnosis, including EMG and nerve conduction studies</li> <li>- Ergometric studies</li> <li>- Gait laboratory studies</li> <li>- Muscle/muscle motor point biopsies</li> <li>- Small, intermediate, or major joint arthrogram</li> <li>- Radiological and lab procedures, including fluoroscopy</li> </ul>			
	<p>B - ELECTROMYOGRAPHY STUDIES (EMG)</p>		<p>Board Eligible or Board Certified in Physical Medicine and Rehabilitation</p> <p>AND Performance of at least 5 studies in the last two years.</p> <p>OR</p> <p>Evidence of continuing education in electrodiagnostics, neurologic, and/or neuromuscular disease-related subjects over the last year.</p>	<p>(5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring</p>

**CATEGORY 2**  
**Physical Medicine and Rehabilitation - Category 2 Subspecialty Privileges**

Requested	Privilege Description	Initial Criteria	Renewal Criteria	Proctoring
	<p>A - PEDIATRIC REHABILITATION MEDICINE (PRM)</p> <p>Admit, evaluate, diagnose, and provide consultation and medical therapy to children with congenital and childhood-onset physical impairments, including related or secondary medical, physical, functional, psychosocial, and vocational limitations or conditions, with an understanding of the life course of disability. PRM physicians may provide care to patients in the intensive care setting in conformance with unit policies. They may assess, stabilize, and determine the disposition of patients with emergent conditions consistent with medical staff policy regarding emergency and consultative call services. The core privileges in this specialty include procedures that are extensions of the same techniques and skills.</p> <p>Includes minor procedures that the physician has current competency to perform not limited to:</p>	<ul style="list-style-type: none"> <li>• Board Eligible or board-certified in Physical Medicine and Rehabilitation</li> <li>AND</li> <li>• Board eligible or Board certified in Pediatrics</li> <li>OR</li> <li>• Board eligible or</li> </ul>	<ul style="list-style-type: none"> <li>• See core</li> </ul>	<ul style="list-style-type: none"> <li>• (5) encounters with satisfactory outcomes</li> </ul>

	<p>performing peripheral arterial puncture, venipuncture, lumbar puncture, nasogastric tube placement, laceration repair, removal of cerumen, incision and drainage of superficial abscess, bladder catheterization, drainage of subungual hematoma, placement of intravenous line, local anesthesia, joint aspiration, uncomplicated debridement of a burn or wound, subcutaneous/intradermal/intramuscular injections, granuloma destruction as well as ethanol injections for denervation.</p>	<p>Board certified in Pediatric Rehabilitation Medicine</p>		
	<p><b>B - SPINAL CORD INJURY MEDICINE</b></p> <ul style="list-style-type: none"> <li>• Performance of history and physical exam</li> <li>• Evaluation, prescription, and supervision of medical and comprehensive rehabilitation goals and treatment plans for spinal cord injuries and syndromes</li> <li>• Management of abnormalities and complications in other body systems resulting from spinal cord injury</li> <li>• Management of skin problems utilizing various techniques of prevention</li> <li>• Treatment, with appropriate consultation, of complications, such as deep vein thrombosis, pulmonary embolus, autonomic hyperreflexia, substance abuse, pain, spasticity, depression, and the sequelae of associated illnesses and preexisting diseases</li> <li>• Recognition, diagnosis, and coordination of treatment for respiratory complications</li> <li>• Recognition, diagnosis, and treatment of orthostatic hypotension and other cardiovascular abnormalities</li> <li>• Spinal cord rehabilitation (including neuromuscular, genitourinary, and other advanced techniques)</li> <li>• Spinal immobilization</li> </ul>	<ul style="list-style-type: none"> <li>• Board Eligible or board-certified in Physical Medicine and Rehabilitation.</li> </ul> <p>AND</p> <ul style="list-style-type: none"> <li>• Board eligible or Board certified in Spinal Cord Injury Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• See core</li> </ul>	<ul style="list-style-type: none"> <li>• (5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring</li> </ul>
	<p><b>C - BRAIN INJURY MEDICINE</b></p> <ul style="list-style-type: none"> <li>• Performance of history and physical exam</li> <li>• Evaluation, prescription, and supervision of medical and comprehensive rehabilitation goals and treatment plans for brain injury medicine</li> <li>• Management of abnormalities and complications in other body systems resulting from brain injury</li> <li>• Management of spasticity utilizing various techniques of prevention and treatment</li> <li>• Evaluation and treatment of behavioral changes associated with brain injury.</li> <li>• Treatment, with appropriate consultation, of complications, such as deep vein thrombosis, pulmonary embolus, autonomic hyperreflexia, substance abuse, pain, wounds/other skin conditions, and the sequelae of associated illnesses and preexisting diseases</li> <li>• Recognition, diagnosis, and coordination of treatment for respiratory complications, autonomic dysfunction, orthostatic hypotension and other cardiovascular abnormalities as it relates to brain injury</li> <li>• Management of psychosocial, vocational complications and disability that relates to brain injury with interdisciplinary rehabilitation services</li> </ul>	<ul style="list-style-type: none"> <li>• Board Eligible or board-certified in Physical Medicine and Rehabilitation.</li> </ul> <p>AND</p> <ul style="list-style-type: none"> <li>• Board eligible or Board certified in Brain Injury Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• See core</li> </ul>	<ul style="list-style-type: none"> <li>• (5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring</li> </ul>
	<p><b>D - INTERVENTIONAL SPINE OR PAIN MEDICINE</b></p> <ul style="list-style-type: none"> <li>• Performance of history and physical exam</li> <li>• Evaluation, prescription, and supervision of medical and comprehensive rehabilitation goals and treatment plans for patients with musculoskeletal and/or pain conditions</li> <li>• Performance of ultrasound and/or fluoroscopy guided interventions into the spine including but not limited epidural injections, facet joint injections, medial branch blocks/radiofrequency ablations targeting facet joints, lateral branch blocks/radiofrequency ablations targeting sacroiliac joints, basivertebral nerve ablations, other spine joint injections (C0-1, C1-2 joint), and intra-discal injections.</li> </ul>	<ul style="list-style-type: none"> <li>• Board Eligible or board-certified in Physical Medicine and Rehabilitation.</li> </ul> <p>AND</p>	<ul style="list-style-type: none"> <li>• Maintenance of these procedural privileges requires demonstrated competence of at least 20 procedures with</li> </ul>	<ul style="list-style-type: none"> <li>• (2) encounters with satisfactory outcomes must be submitted to complete proctoring</li> </ul>

		<ul style="list-style-type: none"> <li>ACGME-accredited Pain Management fellowship or NASS-recognized interventional spine fellowship</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>Performance of at least 5 cases with satisfactory outcomes with at least 1 year of experience in interventional spine or pain medicine</li> </ul>	acceptable results within the past 24 months	
	<p><b>E - SPORTS MEDICINE</b></p> <ul style="list-style-type: none"> <li>Performance of history and physical exam</li> <li>Evaluation, prescription, and supervision of medical and comprehensive rehabilitation goals and treatment plans for patients with musculoskeletal and/or pain conditions</li> <li>Performance of diagnostic ultrasound evaluation for musculoskeletal and/or pain conditions</li> <li>Performance of ultrasound guided interventions into/around joints, tendons, muscles, nerves and other soft tissues</li> </ul>	<ul style="list-style-type: none"> <li>Board Eligible or board-certified in Physical Medicine and Rehabilitation</li> </ul> <p>AND</p> <ul style="list-style-type: none"> <li>ACGME-accredited Sports Medicine fellowship</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>Performance of at least 5 cases with satisfactory outcomes with at least 1 year of experience in sports medicine</li> </ul>	<ul style="list-style-type: none"> <li>Maintenance of these procedural privileges requires demonstrated competence of at least 20 procedures with acceptable results within the past 24 months</li> </ul>	<ul style="list-style-type: none"> <li>(5) encounters with satisfactory outcomes must be submitted to complete proctoring</li> </ul>

**CATEGORY 3**  
**Physical Medicine and Rehabilitation - Category 3 Special Privileges**

Requested	Privilege Description	Initial Criteria	Renewal Criteria	Proctoring
	A - Moderate Sedation	Completion of	Active	

		<p>moderate sedation modules</p> <p>AND</p> <p>ACLS/PALS for adult/pediatric providers respectively</p>	<p>ACLS/PALS for adult/pediatric providers respectively</p>	
	B - Fluoroscopy	<p>Valid California Fluoroscopy permit</p>	<p>Valid California Fluoroscopy permit</p>	
	C - Acupuncture	<p>Completion, by a licensed physician, of at least a 200-hour course consisting of theory and training given by a UC or other nationally recognized university</p>	<p>Documentation of 10 procedures in the past 24 months</p>	<p>(5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring</p>
	D - Ultrasound (therapeutic: guided joint and soft tissue injections; diagnostic: assess etiology and/or severity of musculoskeletal injuries/conditions)	<ul style="list-style-type: none"> <li>• 40 hours didactic training,</li> </ul> <p>AND</p> <ul style="list-style-type: none"> <li>• Completion of hands-on training in musculoskeletal ultrasound</li> </ul>	<ul style="list-style-type: none"> <li>• Maintenance of these procedural privileges requires demonstrated competence of at least 10 procedures with acceptable results within the past 24 months</li> </ul>	<ul style="list-style-type: none"> <li>• (5) diagnostic and/or procedural scans documenting unique structures</li> </ul>
	E - Balloon Kyphoplasty	<ul style="list-style-type: none"> <li>• Board certification or board eligibility</li> </ul>	<ul style="list-style-type: none"> <li>• Maintenance of these procedural privileges</li> </ul>	<ul style="list-style-type: none"> <li>• (2) diagnostic and/or procedural</li> </ul>

		<p>in Physical Medicine and Rehabilitation</p> <p>AND</p> <ul style="list-style-type: none"> <li>• Fellowship training in Pain Medicine or NASS recognized Interventional Spine</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• Performance of at least 5 cases with satisfactory outcomes with at least 1 year of experience in interventional spine or pain medicine</li> </ul>	<p>requires demonstrated competence of at least (5) procedures with acceptable results within the past 24 months</p>	<p>scans documenting unique structures</p>
	<p>F - Implantable devices for pain (including but not limited to Reactiv8 and other devices implanted around spine under fluoroscopy or ultrasound guidance for pain control)</p>	<ul style="list-style-type: none"> <li>• Board certification or board eligibility in Physical Medicine and Rehabilitation</li> </ul> <p>AND</p> <ul style="list-style-type: none"> <li>• Fellowship training in Pain Medicine or NASS recognized Interventional Spine</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• Performance of at least 5 cases with satisfactory outcomes with at least 1 year</li> </ul>	<ul style="list-style-type: none"> <li>• Maintenance of these procedural privileges requires demonstrated competence of at least (5) procedures with acceptable results within the past 24 months</li> </ul>	<ul style="list-style-type: none"> <li>• (2) diagnostic and/or procedural scans documenting unique structures</li> </ul>

		of experience in interventional spine or pain medicine		
	G - Management of children on routine mechanical ventilator and with tracheostomies.	Board Eligible or board-certified in Physical Medicine and Rehabilitation AND Board eligible or Board certified in Pediatrics OR Board eligible or Board certified in Pediatric Rehabilitation Medicine	Documentation of 5 procedures in the past 24 months	(5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring
	H - Management of baclofen pumps.	See formal training	Documentation of 5 procedures in the past 24 months	(5) encounters with satisfactory outcomes for each requested procedure must be submitted to complete proctoring
	ASC-1 - Ambulatory Surgery Center, Peninsula Outpatient Center (POPC) Privileges Core - Physical Medicine and Rehabilitation (PMR) Privileges <ul style="list-style-type: none"> <li>• Performance of history and physical exam</li> <li>• Anesthetic, motor blocks, chemodenervation (e.g. peripheral nerve, myoneural junction)</li> <li>• Arthrocentesis (both aspiration and injections [joints and bursae])</li> <li>• Routine nonprocedural medical care</li> <li>• Soft tissue injections, including ligament, tendon, sheath, muscle, fascial prolotherapy</li> <li>• Work determination status</li> <li>• Performance and interpretation of small, intermediate, and or major joint arthrogram</li> </ul>			
	ASC-2 - Ambulatory Surgery Center, Peninsula Outpatient Center (POPC) Privileges: Nerve Blocks - PMR Specialty <ul style="list-style-type: none"> <li>• Nerve blocks that include: sympathetic chain/ganglia, caudal, facet nerve/joint, epidural</li> </ul>			

(interlaminar and transforaminal), sacroiliac joint.

**APPLICANT'S SIGNATURE:** \_\_\_\_\_

Date: \_\_\_\_\_

**DEPARTMENTAL REVIEW AND RECOMMENDATION**

I am not aware of any physical or mental health status issue that could in any way impair this individual's abilities to practice within the privileges requested.

\_\_\_\_\_  
UCSF Division Chief Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
UCSF Department Chair Signature

\_\_\_\_\_  
Date